

Issue No. 5, August 2021

The official newsletter of the Saudi Society of Periodontology
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#### Dear colleagues,

Here we are coming back to you with a new issue of your favorite society newsletter carrying plenty of new information, easy knowledge, and prodigious updates.

Once again, I would like to extend our thankfulness to the predecessor editorial team who have accomplished their mission successfully. Now, the new team is excited and can't wait to present to you a rich issue. Enjoy!

Dr. Adnan Almaghlouth Editor in Chief

# **EDITORIAL TEAM**



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#### Guided Tissue Regeneration With Hyaluronic Acid in Infrabony Defects

Name of auther: Rahaf Talal Alosaimi

Inisitute: Umm AlQura university Email: rahaf-talal@live.com

#### INTRODUCTION

The regeneration of periodontal attachment apparatus is the ultimate goal of periodontal treatment. In infra-bony defects the mixture of growth factors, bone graft materials with guided tissue regeneration (GTR) has been proved to be a successful option of periodontal regenerative therapy.

#### CASE REPORT

Systemically healthy patient with advanced periodontal disease have multiple quadrants with infra-bony defects ranging from two to three bony wall defects, assigned to test hyaluronic acid (HA) mixed with Xenograft and bioresorbable membrane, the Probing pocket depth (PPD), clinical attachment level (CAL), radiographic assessment were taken at baseline and at 6 months post-surgery.

#### TREATMENT RESULTS

At 6 months, there is reduction in PPD, CAL gain and great reduction of radiographic defect depth.

#### DISCUSSION

The results showed that the use of HA led to significant improvement in PD and CAL at 6 months compared to baseline.

# Posttreatment Pictures / Radiographs

#### **Guided Tissue Regeneration With Hyaluronic Acid in Infrabony Defects**

Name of auther: Rahaf Talal Alosaimi Inisitute:

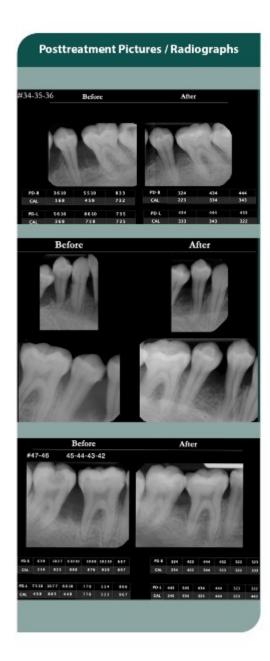
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Few studies have deal with the use of HA in dentistry, Eliezer et al studied Twenty four infrabony defects in 20 patients were randomly assigned to test (HA in combination with bioresorbable membrane) and control (bioresorbable membrane alone) treatment groups, and the result showed significantly higher clinical attachment level gain, statistically significant greater reduction of radiographic defect depth was observed in the test group.

The most reliable outcome variable for assessing periodontal regeneration is human histology. Due considerations to ethical and patient management limitations, no histological evidence was obtained to establish the proof of periodontal regeneration.

#### CONCLUSION

HA with GTR shown to be a successful modality for the treatment of infra-bony defects as resulted in gain of CAL, PPD reductions and radiographic defect fill.



#### References

Sasaki T, Watanabe C. Stimulation of osteoinduction in bone wound healing by high-molecular hyaluronic acid. Bone 1995;16:9-15. Francesco briguglio , treatment of infrabony periodontal defects using a resorbable biopolymer hyaluronic acid:RCT, March 2013.



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#### Palatogingival Groove: An Unseen Culprit

Name of auther: Dr. Shiraz Qadir

#### INTRODUCTION

Morphological defects in dental structure can be predisposing factors for the onset of inflammatory process in the periodontal / pulpal tissues. These defects predominantly affect the maxillary incisors. One among them is cinguloradicular Groove<sup>1</sup>. Other synonyms for such tooth anomaly are palatogingival Groove<sup>2</sup>, distolingual Groove<sup>3</sup> and radiculolingual Groove<sup>4</sup>.

#### CASE REPORT

5

A 19 year old female patient reported to our office with a complaint of pain in the upper right front tooth region since 3months. Periodontal examination revealed 6mm pocket associated with a deep cinguloradicular groove in relation to the maxillary right lateral incisor on its palatal surface (figure 1). There was neither caries nor any history of trauma in relation to the concerned tooth. Pulp of the tooth revealed a negative response to an electronic pulp tester. An intraoral periapical radiograph revealed a diffused periapical radioluscency involving the apical one third of the root in relation to 12 and also extending to involve 13 (figure 2). Since bilateral occurrence of the palatoradicular groove is possible, tooth 22 was also examined, but no evidence of a palatoradicular groove was found after sulcular probing. The resulting condition was diagnosed as chronic periapical abscess associated with localised periodontitis resulting from cinguloradicular groove. The case was conducted in accordance with the Declaration of Helsinki (1964). An informed consent was taken from the patient before performing the treatment.



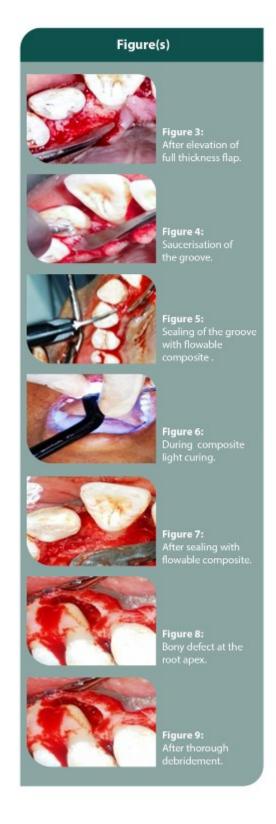
#### Palatogingival Groove: An Unseen Culprit

Name of auther: Dr. Shiraz Qadir

#### TREATMENT PLAN

Treatment plan comprised of thorough scaling, root planning and root canal therapy followed by periodontal surgery for the treatment of pocket elimination, groove repair and apicectomy. Access opening was done under rubber dam isolation. After extirpation of pulp, the working length was determined. Biomechanical preparation was done using K files of ISO size 50. Calcium hydroxide was placed as intracanal medicament and access cavity was temporarily sealed with cavit (zinc oxide eugenol). The patient was recalled after 7 days and obturation was done with gutta purcha cones using lateral condensation technique. The access cavity was sealed with glass ionomer cement (Fuji II, GC corporation). One week after root canal therapy, the periodontal flap surgery was done. Following local anesthesia full thickness mucoperiosteal flap was reflected on labial and palatal aspect of 13, 12, 11 and 21 (figure 3). On the palatal aspect of 12 ashallow cinguloradicular groove was detected which was extending into the radicular area and a horizontal bony defect was noted. Prior to restoration of groove, it was widened by using a round bur (figure 4).

This process is called Saucerisation. Acid etching was done and was restored with flowable composite (figure 5, 6, 7). On the labial aspect, flap was extended beyond mucogingival junction to view the bony defect created by abscess (figure 8). A wide defect was noted surrounding the root apex of 12. Thorough debridement was done in the defect area (figure 9).



#### Palatogingival Groove: An Unseen Culprit

Name of auther: Dr. Shiraz Qadir

Apicectomy was done to remove 3mm of root apex and retrograde filling was done with GIC (figure 10).

The wide bony defect is filled with PRF (Platelet Rich Fibrin) and bovine bone (G-Graft) (figure 11, 12, 13, 14). Flap was approximated and sutured with non resorbable suture (figure 15). Periodontal dressing was placed (figure 16).

Post operative instructions were given and patient was adviced to use 0.12% chlorhexidine mouth wash for 4 weeks. The patient was recalled after 10 days for suture removal.10



#### Palatogingival Groove: An Unseen Culprit

Name of auther: Dr. Shiraz Qadir

#### Results

Post operative examination revealed satisfactory healing (figure 17). Post operative healing radiographs were taken after 1month, 3months and 6months (figure 18, 19, 20). Periodontal probing depth was decreased to 3mm after 1month and 3months (figure 21, 22), 2mm after 6months (figure 23). As we have used a radiolucent retrograde filling material i.e. GIC, it was not visible in the post operative radiograph.

# Figure(s) Figure 17: Post operative healing Figure 19: Post operative radiograph Figure 18: Post operative radiograph after 1 month Figure 21: Periodontal probing Figure 20: Post operative radiograph Figure 22: Periodontal probing Figure 23: Periodontal probing

#### Palatogingival Groove : An Unseen Culprit

Name of auther: Dr. Shiraz Qadir

#### DISCUSSION

Several studies have been conducted in order to determine the prevalence of cinguloradicular groove. Its prevalence is approximately 2.8%–8.5%5,6. A study by JP Ennes10 compared the morphological analysis of the root developmental groove with the palato-gingival groove and found many similarities between the two, such as the increased cementum thickness, decreased dentin thickness, pulp compartment surface alteration, irregularity of the dentin–cementum junction and of the cementum surface.

Kogon et al8 observed extracted teeth of 1786 maxillary lateral incisors after staining with mythelene blue under microscope. He found 100 of them exhibiting palatogingival groove. Out of these 100 grooves 77 originated in cingulum, 15 in lateral fossa, 7 at cemento-enamel junction and 1 on root proceeding apically. Out of 100 grooves 13 were located on the mesial side, 25 were located on the distal side and 62 on the mid palatal surface. In the present case, the groove was located on the mid palatal surface.

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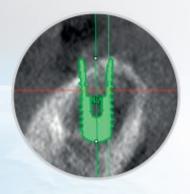
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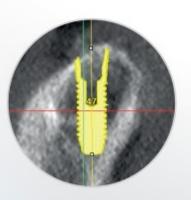




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#### **BACKGROUND**

COVID-19 was announced by the world health organization as a pandemic on March 11th, 2020. Since then and as of August 6th 2021 WHO reported ¬201 M confirmed cases, and ¬4.3 M deaths worldwide. Even though reported vaccine doses are quickly rising worldwide, variants of the corona virus continue to emerge, it is thus prudent to continue to practice precautionary measures in the dental office. Infection rates of healthcare workers are still lower than those outside of a healthcare setting, this is probably a result of the protective measures followed in healthcare settings prior and in response to the pandemic.

Transmission of COVID-19 occurs through respiratory droplets and secretions, either by direct exposure or via touching contaminated surfaces.

#### GUIDANCE

To date there is no standard global guidance to follow for COVID-19 in the dental office. Such guidance by authoritative bodies worldwide are local to their geography and continue to be updated according to available information.

In the Kingdom of Saudi Arabia, a guidance for treating emergency/urgent dental cases was provided by the ministry of health in 2020, and another one updated by the Saudi Patient Safety Centre on May 18th, 2020. Summary of the guidance is below:

Contact patients before their arrival in the dental office to inquire about COVID-19 symptoms.

Use telehealth whenever applicable, available, and possible to assist patients remotely and reduce unnecessary flow of patients into the clinic.

#### **Guidance for Treating Emergency/Urgent Dental Cases**

Entrance check-in at the dental office/facility should be available and visible to immediately inform the reception of possible COVID-19 symptoms.

All healthcare providers involved in direct patient care should adhere to the strict use of personal protective attire including gowns, N95 masks, and protective goggles (or face shield) or disposable plastic wrap around glasses.

Hand hygiene, using correct hand washing technique, is recommended at multiple instances throughout patient treatment as per WHO, these are: before touching the patient, when performing clean/aseptic procedures, after body fluid exposure risk, after touching a patient, and after touching patient surroundings.

#### COMMENTARY

While many research works have been published on measures to follow for elective dental treatments since their re-activation in KSA during the COVID-19 pandemic, none are by an authoritative body. It is important nevertheless to continue to exercise applicable cautionary measures recommended in the emergency guidance provided above, stay informed, and exercise good professional judgement.

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European Federation of Periodontology. Assessment of patient risk profile & needs. Available at: https://www.efp.org/fileadmin/uploads/efp/Documents/covid19SafetyProtocol.pdf.



In Covid 19 pandemic days, people shall deliberately observe their behavior for the public safety to prevent spread out a very serious infectious disease. I am confident, today's community is aware the transmission velocity of Covid 19 virus between individuals. Sadly enough, it was noticed that few health care staff pass by other places after they finish their shifts in health care institute (ex: hospital, dental clinic, or polyclinic). As result, they might contribute to transmission of corona virus or any other diseases.

Medical scrubs were designed to protect patients who were going through major surgery in operation room. On the other hand, people outside the hospital earn to be protected from all illness threaten health of the population. As the centers for Disease Control and Prevention states the classic method for coronavirus transmission is through respiratory droplets. These droplets can be emitted from infected person and adhere to medical staff cloth. According to Susan M. Perry, PhD, CRNA, ARNP, FAAN, who served as an infection control officer in the U.S. Air Force in the 1990s, wearing scrubs and healthcare gowning in public is a valid concern. Major concerns involve infectious, viruses, bacteria and other species found are on the scrubs and being taken outside hospitals, exposing public at risk.

The Covid-19 outbreak has forced health care providers, administrative officials, and the public to be responsible to avoid harmlessness other human being. It may come as a surprise to many people, but health care workers may ignorantly spread Covid-19 in their communities simply by wearing scrubs in other public places. Scrubs—surgical gowns, caps, and shoe coverings—are carriers of virulent pathogens that present a danger to unsuspecting bystanders. Some scrub manufacturers state scrubs are antimicrobial and leave the impression that the nuisance of changing clothes can be avoided, but the scientific studies do not support this claim. A systematic review of the literature (Bacterial contamination of medical providers

#### **Guidance for Treating Emergency/Urgent Dental Cases**

white coats and surgical scrubs, Shreya Goyal BBA, 2019) shows that nearly two dozen studies found scrubs contained pathogenic hazards and transmitted multidrug-resistant bacteria, posing a threat to public health. A 2018 study found that nearly one-third of over 700 scrubs were contaminated with pathogenic bacteria. Other analyses of nurse uniforms record bacteria colony growth per square-inch of apparel averaged 5,795 for a night shift. These findings have been confirmed by large-scale studies, most notably the 2017 Antimicrobial Scrub Contamination and Transmission (ASCOT) Trial.

Droplets of Covid-19 will find their way onto scrubs and have been found to stick on materials for over a week and survive for even up to almost a full month in the air. As many as 25% to 50% of people infected with Covid-19 have no symptoms and, therefore, are completely unaware they are contagious.

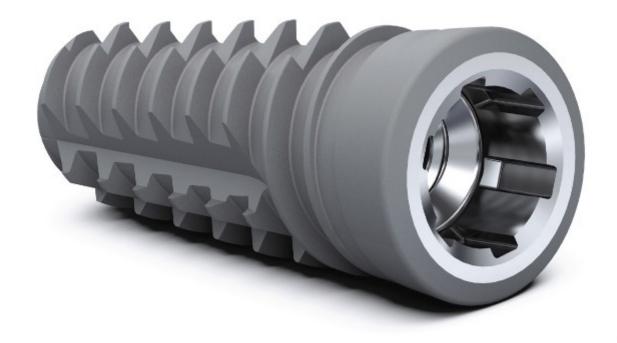
According to Dr. Perry et. al, scrubs have become popular over the years with some healthcare provider wear them continuously for comfort. Unfortunately, this habit had spread to other many employers, including dental offices, require staff to wear scrubs. Therefore, officials had agreed that "Health care workers should be advised to not wear scrubs anywhere in public during this time. It would be more considerate of the public concern to change out of scrubs before going into anywhere other than your workplace. That would mean either only wearing the scrubs to and from work and home or wearing other clothes into work and changing in and out of them at work. As right now, seeing scrubs in public could cause people to feel uneasy. It also sends the wrong message to the public about how careful the health care workers are being to protect the public. At times like this perception is reality."

Despite internal hospital regulations and policies, the expansion awareness among society, of the seriousness raise phenomenon appearance of wearing professional medical uniforms in public places, such as local markets, restaurants, or entertainment area for young children, is the first stride to maintain our children, family, relatives and self's protected.



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#### **SSP Community Scientific Output**

#### 11 indexed publications from Saudi periodontists were noted for the 2nd quarter of 2021, well done!

Tor	for the 2nd quarter of 2021, well done!			
v	Name	Institution	Publication title	Link to the journal
1	Dr.Zuhair S Natto	King Abdulaziz University	Laser therapy for dentinal hypersensitivity	https://www.cochranelibrary.c om/cdsr/doi/10.1002/1465185 8.CD009434.pub2/full
2	Dr. Adnan AlMaghlouth	King Fahad Medical City	Patient satisfaction with the emergency department services at an academic teaching hospital	https://www.jfmpc.com/article .asp?issn=2249- 4863;year=2021;volume=10;i ssue=4;spage=1718;epage=17 25;aulast=Abass
3	Dr. Adnan AlMaghlouth	King Fahad Medical City	Improving Surgical Antibiotic Prophylaxis Compliance in Adults and Children Undergoing Surgery: a Quality Improvement Study	https://irispublishers.com/asoa j/pdf/ASOAJ.MS.ID.000544.p df
4	Dr. Reham Aljasser Dr .Razaan S Alageely Dr. Ibrahim A Alhogail Dr. Mohammed AlHaddab	King Saud University	Association between isotretinoin (Roaccutanne) use and changes in periodontal clinical parameters and MMP-8 and MMP-9 salivary levels	https://www.researchgate.net/ publication/353668236_Assoc iation_between_isotretinoin_R oaccutanne_use_and_changes _in_periodontal_clinical_para meters_and_MMP- 8_and_MMP- 9_salivary_levels
5	Dr. Mohammed Alsarhan Dr. Musaad A Altammami Dr. Razaan S Alageely Dr. Ahmad AlEbdi	King Saud University	Short-Term Improvement of Clinical Parameters and Microbial Diversity in Periodontitis Patients via Indocyanine Green-Based Antimicrobial Photodynamic Therapy: A Randomized single-blind Split-Mouth Cohort	https://www.researchgate.net/ publication/351814778_Short- Term_Improvement_of_Clinic al_Parameters_and_Microbial _Diversity_in_Periodontitis_P atients_via_Indocyanine_Gree n- Based_Antimicrobial_Photod ynamic_Therapy_A_Randomi zed_single-blind_Split- Mouth_Coh





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	Name	Institution	Publication title	Link to the journal
6	Dr. Reham Aljasser Dr. Sundus Bukhary Dr. Mohammed Alsarhan Dr. Dalal AlOtaibi	King Saud University	Regenerative Therapy Modality for Treatment of True Combined Endodontic-Periodontal Lesions: A Randomized Controlled Clinical Trial	https://www.researchgate.net/ publication/352231737_Rege nerative_Therapy_Modality_f or_Treatment_of_True_Comb ined_Endodontic- Periodontal_Lesions_A_Rand omized_Controlled_Clinical_ Trial
7	Dr. Reham Aljasser Dr. Mohammed Alsarhan Dr. Dalal AlOtaibi Dr. Salah Aloraini	King Saud University	Analysis of Prosthetic Factors Affecting Peri- Implant Health: An in vivo Retrospective Study	https://www.researchgate.net/ publication/351834478_Analy sis_of_Prosthetic_Factors_Aff ecting_Peri- Implant_Health_An_in_vivo_ Retrospective_Study
8	Dr. Reham Aljasser Dr. Mohammed Alsarhan Dr. Dalal AlOtaibi Dr. Salah Aloraini	King Saud University	Evaluation of clinical performance and survival rate of Straumann dental implants in Saudi Population based on cross- sectional study	https://www.researchgate.net/ publication/351317789_Evalu ation_of_clinical_performance _and_survival_rate_of_Strau mann_dental_implants_in_Sa udi_Population_based_on_cro ss-sectional_study
9	Dr. Reham Aljasser Dr. Abdulelah Alsubaie Dr. Fayes AlShehri	-King Saud University -Imam Abdulrahma n bin Faisal University	Effectiveness of beta- tricalcium phosphate in comparison with other materials in treating periodontal infra-bony defects around natural teeth: a systematic review and meta-analysis	https://www.researchgate.net/ publication/351212487_Effect iveness_of_beta- tricalcium_phosphate_in_com parison_with_other_materials _in_treating_periodontal_infra - bony_defects_around_natural _teeth_a_systematic_review_a nd_meta-analysis
10	Dr. Salwa Aldahlawi Dr .Dalia Nourah Dr. Sebastiano Andreana	Umm Al- Qura University	Should the quality of glycemic control guide dental implant therapy in patients with diabetes? Focus on implant survival. Part I	https://www.dovepress.com/sh ould-quality-of-glycemic- control-guide-dental-implant- therapy-in-pat-peer-reviewed- fulltext-article-CCIDE
11	Dr. Salwa Aldahlawi DrDalia Nourah Dr .Sebastiano Andreana	Umm Al- Qura University	Should Quality of Glycemic Control Guide Dental Implant Therapy in Patients with Diabetes? Focus on: Peri-Implant Diseases	https://pubmed.ncbi.nlm.nih.g ov/33911902/





#### SSP Webinar Scientific Activities

The Saudi Society of Periodontology E-Learning Committee conducted 9 online Scientific Activities from April to August 2021. Speakers have brought great up to date knowledge and received a very good feedback from the attendees with total attendees of 22,226.

Activity Date Speaker Name		Country	Lecture Title	CME Hours	No. of Attendees
06-Apr-21	Dr. Spyridon Silvestros	r. Spyridon Silvestros Greece Peri-implantitis the Enemy of the New Era		2	80
24-Apr-21	Dr. Asim Alsuwaiyan	KSA	Options for Root Coverage	No	2700
01-May-21	01-May-21 Dr. Sawsan Fadhl Almawla KSA The Road to US Postgraduate Dental School : Everything You Need to Know		No	1494	
26-27 May 21	Dr. Ehab Tawfiq	KSA	Autogenous Tooth Graft: A Literature Review	4	2936
20-27 IVIAY 21	Dr. Alhassan Ajeebi	KSA	Periodontal Esthetic Management	4	
	Dr. Suzan Banjar	KSA	Treatment of Gummy Smile within Facial Esthetics and Dentistry	31650	6059
29-May-21	Dr. Shaimaa Alharthi	KSA	From a Hopeless Tooth to an Implant. What Do We Need to Think about?	2	
09-Jun-21	Dr. Khalid Nazmi Said	Qatar	Covid19 and Periodontal Health	1	2646
19-Jun-21	Dr. Giles De Quincey	Netherlands	Socket Grafting: Making a Challenge into a Success!	2	2395
	Prof. Ali Tahmaseb	KSA	Current Status of (Pre-) Implant Surgery		
24-Jul-21	Dr. Bandar Almaghrabi	KSA	Clinical Application of Vascularized Interpositional Periosteal Connective Tissue Graft (VIP-CT) in Implant Dentistry	2	2404
28-Aug-21	Dr. Wesam Alsalman	KSA	Maxillary Sinus and implant - Update		1512
	Prof. Mona M. Aboelnagga	KSA	Oral Rehabilitation of Aggressive Periodontitis with Immediate Partial Denture	2	





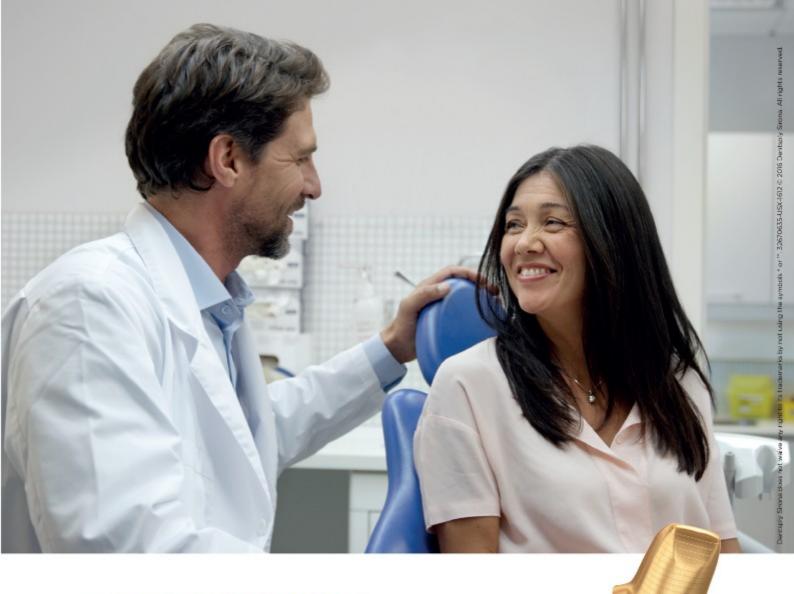
#### The Saudi Society of Periodontology is pleased to welcome our new Periodontist and wish him all the best!





Dr. Mohammed Alqarzaee Bachelor's degree: **King Saud University** Postgraduate degree: MclinDent (UCL)





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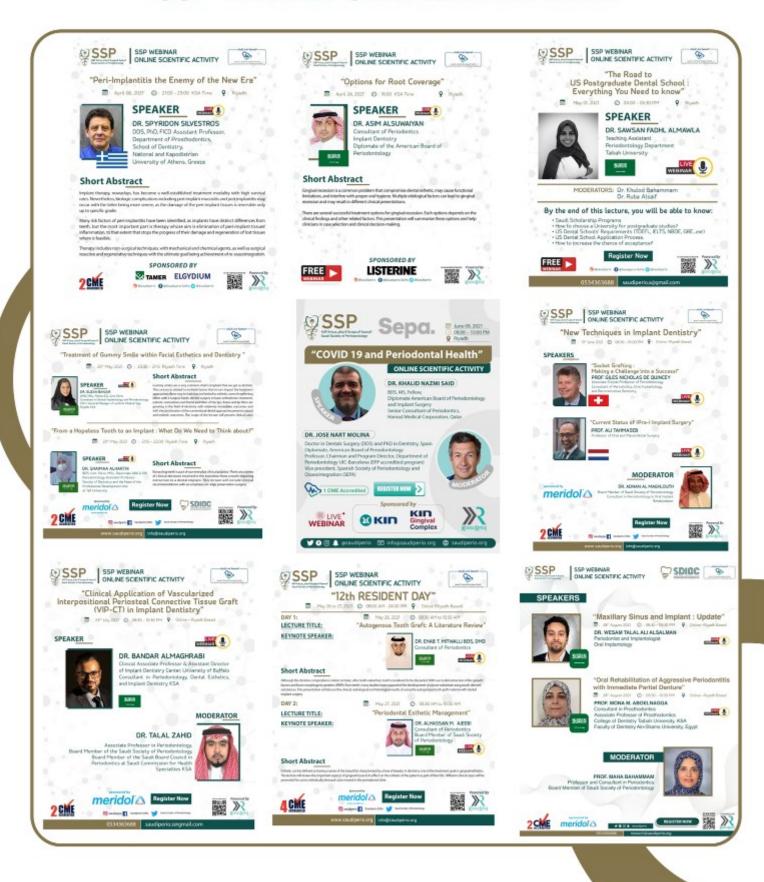
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#### SSP Webinar Scientific Activities



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Link of Brochure: http://www.novabone.com/NB/dentalputty.html.

#### Platelet rich fibrin: (A-PRF and I-PRF)

**Description:** I-PRF – Injectable liquid form Plasma Rich Fibrin. It's a modern and unique technology of regeneration of human tissues.

A-PRF: Advanced platelet rich fibrin (APRF) first described in 2014 as a new concept for cell-based tissue engineering with decreasing the rpm while increasing the time of stan-dard platelet rich fibrin (PRF). More platelets were foundin distal part of A-PRF compare to standard PRF.

**Delivery System:** This technology is based on withdrawing patient's autologous blood and after specific centrifuging system, plasma rich fibrin can be used in areas targeting regeneration with various forms.

#### Link of Brochure:

https://www.biofixt.be/uploads/catalogues/brochure-duo-quattro-prf-system.pdf

#### BRANDE NAME: AmnioExciteTM

**Description:** This new technology of resorbable membrane which is a lyophilized, full-thickness placental membrane allograft decellularized with LifeNet Health's proprietary Matracell® process and patent pending technology and intended for

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#### Link of Brochure:

https://www.salvin.com/Salvin-AmnioExcite-Amnion-Chorion-Membrane-20mm-x-30mm-pluAMNIO-MEM-20x30.html.b



#### **CALENDAR OF EVENTS**

September 23-25, 2021

November 4-7, 2021



#### **Dentsply Sirona World 2021**

https://web.cvent.com/event/1c6379ad-4b77-432e-98c8-bcb817743 a3c/summary?rp=00000000-0000-0000-00000000000000



### International Team of Implantology Congress

International Team of Implantology Congress



#### 107TH ANNUAL MEETING

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American Academy of Periodontology

#### 107 Annual Meeting

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Periodontology and Oral Health Conference – Sevilla: Sepa21

https://www.sepa.es/web\_update/



#### **Hypersensitivity in Dentistry**

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#### Multidisciplinary Management in the Esthetic Zone

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#### The Art and Beauty of Prosthodontics

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